

24 / 7 IMMEDIATE HELP



Children's Wisconsin Emergency Department 8915 W. Connell Court • Walk-in anytime for medical emergencies, health needs that cannot wait

MKE Mobile Crisis Call 414-257-7222 for all ages having mental health emergencies

Crisis Text Line (text HOME to 741741) • Message on WhatsApp, Chat [crisistextline.org](https://www.crisistextline.org) • Confidential crisis counselors support all ages in any type of crisis or experiencing painful emotions.

Pathfinders 24/7 Hotline 414-271-1560 • Confidential counseling, or help if you have no safe place to go.

Aurora Healing & Advocacy Services 24/7 Hotline 414-219-5555 / Text 414-219-1551 • Confidential support for all ages experiencing sexual assault or partner violence.

211 Call 2-1-1 / text your zip code to 898-211 • Food, shelter, jobs, and other resources near you. Ages 18+ seeking shelter must call for coordinated entry.

National Runaway Safeline Call 1-800- RUNAWAY (786-2929) / chat 1800runaway.org • Help for teens who have run away or are thinking about running away; can help you get back home from another city.

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ANTI-VIOLENCE ADVOCACY



CRAY Responders Call/text 414-800-CRAY (2729) Sunday – Friday, 4pm – midnight • Confidential advocate support for ages 11-25* with life experience trading sex and/or being taken advantage of sexually. • Will meet you at the hospital • There for you when talking to police • Help understand your options • Connect you to more resources.

Pathfinders New Paths Call/text 414-587-5247 for the lead advocate Mon-Fri • Safe, confidential advocates support ages 11-25* with life experience trading sex and/or being taken advantage of sexually. • Will meet you where you are • There for you as you navigate legal stuff • Help you find medical care • Explore different options for support • Connect you to more resources.

If under 18 ask your advocate about reporting requirements

UMOS Latina Resource Center (English/Spanish) 2701 S. Chase Ave., Suite D, 414-389-6510 • Supportive services for sexual assault, dating violence, and sex & labor trafficking. • Sexual health & healthy relationships education/groups • Programming and help for youth & adults

LovesRespect.org Text LOVEIS to 22522 / call 1-866-331-9474 • Confidential advocate support

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for all genders & relationship types • Get help for you or a friend • Online quizzes about you & your relationships • Info on safety/respect in dating, relationships & situationships ^{24/7}

MENTAL WELLNESS & HEALING



Milwaukee Center for Children & Youth Call/text 414-248-3996 (English/Spanish) or DM @ [mccymilwaukee](https://www.mccymilwaukee.org) • Help for youth (6-17) to find healing & access resources. • Legal, medical, educational accompaniment • Support groups for resilience & well-being • Some services confidential

Pathfinders Hand in Hand Program 4200 N. Holton Street • For questions & referrals contact the Hand in Hand Program Manager directly at 414-651-1083 • Individual & group therapeutic services for youth survivors of sexual abuse & assault (ages 6-18) ^{parent/guardian consent}

Walker's Point Youth & Family Center 732 S. 21st Street, 414-647-8200 • Free mental health counseling for 11-17 year olds. Youth ages 14+ can ask for counseling without parent permission. Call to schedule a time to meet.

Wraparound Milwaukee 414-257-7607 • Care coordinators partner with youth, families, and their selected community resources to channel their strengths and dreams into a creative plan for the life they want. ^{parent/guardian consent}

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COMMUNITY ACTIVITIES



GLOW 414 Call/text 414-218-1001 or fill out online form to sign up. • Drop-in activities and programming for teen girls & youth up to age 22. Check **GLOW414** for locations, schedule, send DMs. *Some programs need parent/guardian consent* • Counseling • Etiquette • Leadership • Life skills & healthy living • Hygiene products, clothing bank, snacks

United Neighborhood Centers of Milwaukee (UNCOM) Find out what's going on around the city & your neighborhood. Visit a neighborhood center for activities, sports, mentoring, field trips, hot meals, help with school work & jobs *Some programs need parent/guardian consent*

COA Youth & Family Centers (Riverwest & Amani)

Neu-Life @ neulife_mke (near-north side)

Journey House @ PeopleofJourneyHouse (near-south side/Clarke Square)

Silver Spring Neighborhood Center @ ssn_c_mke (northwest side)

Neighborhood House @ neighbormke (near-west side)

Running Rebels (Hillside & east locations)

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DROP-IN & OUTREACH



Pathfinders Drop-in Center 4200 N. Holton Street, 414-964-2565 • Basic needs, case management, showers, laundry, hygiene supplies, clothes, kitchen, computers, prevention services for ages 11-25. Walk-in Tues.-Sat. Call for daily hours.

Owen's Place 4610 W. Fond du Lac Ave. 414-977-4249 • Computers/internet access, kitchen, hygiene supplies, other programs and activities for ages 16-24. Walk-in Mon.-Fri., 9am – 5pm

Street Beat Youth Outreach Call/text 414-852-3027 for outreach worker • Or check @ StreetBeat MKE for location updates. Confidential support where outreach workers come to you to help find services or to talk. Street hours for north & south sides 1pm – 6:30pm, Tuesday – Friday.

JOB SKILLS & CONNECTIONS



Employ Milwaukee 414-270-1700 or apply online [employmilwaukee.org](https://www.employmilwaukee.org) • Follow on social media @ for info on hiring events and workshops. • Earn & Learn for youth 16+ • Career planning & skill development • Job connections

Disability Benefit Program 1220 W. Vliet St. Suite 300, 414-289-6660 • Help for youth 18+ accessing SSI, SSDI, Medicaid, and other benefits you may be eligible for. Call to connect with a specialist.

YOUTH RIGHTS



LOTUS Legal Clinic 414-453-2535 (*English*) or 414-435-2553 (*Spanish*) • Free help from lawyers if you are frustrated or unsure of what to expect after being identified as a victim by someone other than yourself and have questions, call for help around your rights and legal options.

Public Defenders Office at Children's Court 414-266-1182 • Reach lawyers at the public defenders' office here, get legal help, clear your copias, and navigate other situations.

TakeltDown.NCMEC.org Anonymously request removal of explicit pictures/videos shared of you on social media from when you were under 18. Use the Cyber Tipline to help you or a friend.

LGBTQ YOUTH RESOURCES



Diverse and Resilient 2439 N. Holton Street, 414-390-0444 • Health services, programming, & groups for youth ages 13-18 • Walk-in Tues & Wed for free, confidential HIV/STI testing (ages 12+ no guardian consent needed) • Peer Navigator for gay individuals of color living with HIV • Individual & group support on health education, trans health, name change, anti-violence work.

Project Q (MKE LGBT Community Center) 315 W. Court Street, 414-271-2656 • Supports &

services for youth 13-24. Check online calendar mkelgbt.org for groups & activity schedule or [f](https://www.facebook.com/mkelgbt) [i](https://www.instagram.com/mkelgbt) [@mkelgbt](https://www.tiktok.com/@mkelgbt) for updates • Drop-in times • Like skills development • Health & wellness • Arts & expression • Free mental health counseling. *Ask which services need parent/guardian consent*

MEDICAL CARE including PRIMARY CARE & SEXUAL/REPRODUCTIVE HEALTH



Aurora Healing & Advocacy Services 945 N. 12th Street (*Sinai Hospital*) or 8901 W. Lincoln Avenue (*West Allis Hospital*) • Walk-in for specialized nursing services after sexual assault or partner violence. 24/7

Keenan Health Center 3200 N. 36th Street, 414-286-8840 • Walk-in Mon-Fri. Call/check online for daily hours • Free STI testing/treatment (confidential for ages 12+) • Request birth control pills or Depo shot • Pick up free condoms & emergency contraceptives like Plan B.

Midtown Pediatric Clinic 5433 W. Fond du Lac Avenue, 414-277-8900 • Call to request appointment with Kaitlin Michel, APNP or Dr. Wendi Ehrman. • Primary & reproductive care for teens and up to 21 • Can see you *and* your child if you are a young parent.

Planned Parenthood of Wisconsin 1-800-230-PLAN (7526) • Call, check online, or use the app for a center near you. Appointments recommended.

Care for all ages & confidential STI testing for patients 14+ *Some locations may offer walk-in appts*

- **Outreach Community Health** 210 W. Capitol Drive 414-727-6320
- **Progressive Community Health** 3522 W. Lisbon Ave 414-935-8000 and Urgent Care location at Aurora Sinai
- **Sixteenth Street Clinic** 414-672-1353 Search location options [ssche.org](https://www.ssche.org)

PREGNANT & PARENTING YOUTH



Blanket of Love Program 414-465-3637 Call Brenda Hoskins for meeting times & location. • Prenatal & parenting education • Help getting the baby supplies you need • Weekly virtual groups • Monthly in-person gatherings

Milwaukee Healthy Start Call 414-292-4243 • apply online, or ask your case manager to make a referral. [MilwaukeeHealthyStart.org](https://www.milwaukeehealthystart.org) *Youth under 18 need parent/guardian consent* • Health Navigator to help you access benefits, medical care, baby care items • Pregnancy & postpartum

support • Individual & group support options for fathers

MPS Pregnant & Parenting Youth Program

• Talk to your MPS School Social Worker to get connected or apply on the MPS website (search PYPY). *Youth under 18 need parent/guardian consent* • Education, wellness, and personal goal support for school-aged parents

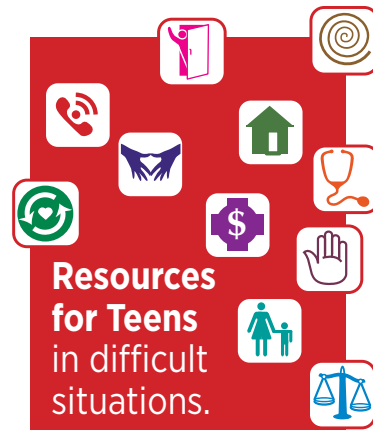
Parenting Network 7516 W. Burleigh Avenue, 414-671-0566 • Confidential counseling on any parenting issue, home visiting programs, connect to resources. Virtual & in-person classes/workshops listed [theparentingnetwork.org](https://www.theparentingnetwork.org)

SHELTERS FOR TEENS



Pathfinders Emergency Youth Shelter 1614 E. Kane Place, 414-6271-1560 • A safe place to stay and crisis support for youth ages 11-17 for a few hours or up to 2 weeks. Located on the East Side. Call first or walk-in. 24/7

Walker's Point Teen Crisis & Runaway Program 732 S. 21st Street, 414-647-8200 • A safe place to stay for youth ages 11-17 for a few hours or up to 2 weeks. Located on the South Side. Call first or walk-in. 24/7



Some of these places won't report you if you have run away, have a warrant, or are AWOL. Some places are required by law to report concerns for youth safety to police or social services.

Ask what these places can keep confidential.